



## THE FRIDAY EMAIL

**Friday 9<sup>th</sup> August 2024**

### Friday Thought from Di Kitson:

It was a sad day last Sunday as we said goodbye to Fr Simon, Charlotte, Alice and Samuel. Fr Simon has been with us for the past four years, leading us in our worship and taking us forward on our spiritual journey in our parish of Sawbridgeworth. The effort he has put into his work both in the church and out into the community has been tremendous, albeit when he arrived as our Parish Priest we went into lockdown, and therefore many restrictions on our worship had to be put into place. As we say goodbye, we pray that his ministry at All Saints, Hockerill in Bishop's Stortford will be as fruitful as it has been here at Great St Mary's.



We as the church family are going into a new phase without a Parish Priest, but that doesn't stop us from our worship and as Christ has commanded us to 'go out and make fishers of men'. As Christians, we are bound to carry on Christ's work here on earth.

I am indeed very grateful to Fr. Simon because he managed to get us a number of Priest's to cover the interregnum until Christmas, and as you know, he will be celebrating the Eucharist at the midnight service on Christmas Eve.

In the meantime, be diligent in prayer, praying that the right person may come forward as our Parish Priest in the future.

Yours in Christ,

May God bless you,

*Di Kitson*

**The book of 1 Kings chapter 19, verses 4-8:**

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

**Gradual Psalm 34, verses 1-8:**

Of David, when he feigned madness before Abimelech, so that he drove him out, and he went away.

- <sup>1</sup> I will bless the Lord at all times;  
his praise shall continually be in my mouth.
- <sup>2</sup> My soul makes its boast in the Lord;  
let the humble hear and be glad.
- <sup>3</sup> O magnify the Lord with me,  
and let us exalt his name together.
  
- <sup>4</sup> I sought the Lord, and he answered me,  
and delivered me from all my fears.
- <sup>5</sup> Look to him, and be radiant;  
so your faces shall never be ashamed.
- <sup>6</sup> This poor soul cried, and was heard by the Lord,  
and was saved from every trouble.
- <sup>7</sup> The angel of the Lord encamps  
around those who fear him, and delivers them.
- <sup>8</sup> O taste and see that the Lord is good;  
happy are those who take refuge in him.

**St John's Gospel, chapter 6, verses 35, 41-51:**

Jesus said to them, 'I am the bread of life.  
Whoever comes to me will never be hungry,  
and whoever believes in me will never be thirsty.  
Then the Jews began to complain about him because he said,  
'I am the bread that came down from heaven.'  
They were saying, 'Is not this Jesus, the son of Joseph,  
whose father and mother we know?  
How can he now say, "I have come down from heaven"?''

Jesus answered them, 'Do not complain among yourselves.  
No one can come to me unless drawn by the Father who sent me;  
and I will raise that person up on the last day.  
It is written in the prophets, "And they shall all be taught by God."  
Everyone who has heard and learned from the Father comes to me.  
Not that anyone has seen the Father except the one who is from God;  
he has seen the Father. Very truly, I tell you, whoever believes has eternal life.  
I am the bread of life.  
Your ancestors ate the manna in the wilderness, and they died.  
This is the bread that comes down from heaven,  
so that one may eat of it and not die.  
I am the living bread that came down from heaven.  
Whoever eats of this bread will live for ever;  
and the bread that I will give for the life of the world is my flesh.'

### **The collect for the Eleventh Sunday after Trinity**

O God, you declare your almighty power  
most chiefly in showing mercy and pity:  
mercifully grant to us such a measure of your grace,  
that we, running the way of your commandments,  
may receive your gracious promises,  
and be made partakers of your heavenly treasure;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever  
Amen.



### **➤ Details of Sunday 9.30am Parish Eucharist which is also live-streamed**

- ❖ President: Di Kitson (Lay Minister)
- ❖ Preacher: Di Kitson (Lay Minister)
- ❖ Reader: Paul O'Leary
- ❖ Intercessions: Dawn Dickson
- ❖ Processional: Dear Lord and Father of Mankind (tune: Repton) CP411
- ❖ Gradual: Lord Enthroned in Heavenly Splendour (tune: St Helen) CP311
- ❖ No offertory: As it's Service of the Word
- ❖ Communion: Alleluia Sing to Jesus (tune: Hyfrydol) CP278
- ❖ Recessional: Guide Me O Thou Great Redeemer (tune: Cwm Rhondda) CP455


## INTERCESSIONS FOR THIS WEEK

### **For the world-wide Church:**

- ❖ Bishop Alan - Bishop of St Albans
  - ❖ Bishop Jane - Bishop of Hertford
  - ❖ The Venerable Janet Mackenzie - Archdeacon of Hertford
  - ❖ The Revd Gaz Tracey - Area Dean - whilst on study leave
  - ❖ Archbishop Justin - Archbishop of Canterbury
  - ❖ In the Anglican cycle of prayer for the Anglican Church of Korea
  - ❖ In the Diocesan cycle of prayer for the parish and people of Holwell, Hitchin
  - ❖ In our Deanery cycle of prayer for the parish and people of Standon and The Mundens with Sacombe
  - ❖ For those being martyred or persecuted for their Christian faith
- [\(https://releaseinternational.org/\)](https://releaseinternational.org/)



### **For our world:**

- ❖ For the victims of Israel and Gaza during the current Israel-Palestinian conflict.
  - ❖ For the people of Ukraine, be they in their homeland or refugees in Europe.
  - ❖ For just and peaceful governance throughout the world, not least in Russia, Ukraine, Israel, Palestine, Sudan, Somalia, China, Haiti, Lebanon, Afghanistan, Nigeria, Yemen, Iran, Pakistan, Myanmar, North Korea, and the DRC.
- 
- A glowing globe of the Earth resting on an open book. The globe is illuminated from within, casting a soft blue and white glow. The book is open, with its pages visible, and the globe is positioned as if it were resting on the pages. The background is a blurred indoor setting.
- ❖ For those suffering from the effects of climate change or natural disaster.
  - ❖ For those working to reduce the effects of climate change.
  - ❖ For those working to relieve suffering throughout the world.
  - ❖ For emergency and keyworkers, scientists and leaders, medical and care workers, and, in this country, particularly for the NHS and social services.
  - ❖ For those being unjustly held captive or being persecuted
  - ❖ For those who have been abused in body, mind, or spirit.
  - ❖ For those who are victims of modern-day slavery and human trafficking.
  - ❖ For those who are victims of famine or poverty, praying for the work of the *Shiksha Rath* educational project in New Delhi which we support.
  - ❖ For those struggling with addiction.
  - ❖ For those who are homeless, and for the work of the *Holy Trinity Night Shelter* in Bishop's Stortford which we support.
  - ❖ For those involved in the migrant and refugee situation.
  - ❖ For the work of organisations which are working to bring an end to poverty.

### **For our town:**

- ❖ For the staff and patients of our Central Surgery, the Princess Alexandra, Rivers, and Herts & Essex hospitals, for our care homes, social services, voluntary care sector.
- ❖ For Sawbridgeworth Town Council, including our Mayor, Cllr Reese Smith.
- ❖ For East Herts District Council and our councillors.
- ❖ For local businesses  
in these uncertain times.
- ❖ For our emergency services.
- ❖ For groups and organisations, including The Hailey Centre and library.
- ❖ For our youth organisations and uniformed brigades.
- ❖ For the pupils, teachers, staff, governors, and parents associated with our local schools, including our church school in Spellbrook, as they enjoy their summer holiday.
- ❖ For those feeling isolated and lonely; particularly those living alone.
- ❖ For those who are concerned about making ends meet, and for organisations such as Harlow Foodbank and the evangelical church's pop-up store seeking to bring aid.



### **For the people of:**

Sunday:	Rowan Walk & Hailey Place
Monday:	Sheering Mill Lane & Lock View
Tuesday:	Gilders, Roman Rise & Slater Lane
Wednesday:	Cutforth Road & Barnard Road
Thursday:	The Meadows, Waterside Place & Priors Court
Friday:	Vantorts Road, Alders Walk & The Square
Saturday:	Greenstead & Vantorts Close

### **For the sick, tired, and bereaved, including:**

Sue Adams, Angela Alder, June Allen, Linda Bowler, Pam Brown, John Butler, Barbara Carter, Rachael Dineen, Elsa Duce, Katrina Evangeli, Jimmy Galvin, Kathy Hanratty, Nick Heslop, John Ireland, Steven, Wendy, Julie Patterson, Douglas Rose, Jackie White, Mark White.

### **For those who have died, including:**

- ❖ Robert Davis RIP
- ❖ Christopher Burton RIP
- ❖ Patricia Coysten RIP

**For our dearly departed ones, remembered at their year's mind:**

- ❖ Gwen White RIP (13<sup>th</sup> August)
- ❖ Phyllis Pratt RIP (15<sup>th</sup> August)
- ❖ Fred Tant RIP (16<sup>th</sup> August)
- ❖ Rupert Child RIP (17<sup>th</sup> August)
- ❖ Timothy Lewis Lloyd RIP (17<sup>th</sup> August)



*God of mission,  
who alone brings growth to your Church,  
send your Holy Spirit  
to give vision to our planning,  
wisdom to our actions,  
joy to our worship, and power to our witness.  
Help our church to grow in numbers,  
in spiritual commitment to you,  
and in service to our local community,  
through Jesus Christ our Lord.  
Amen.*

**NOTICES**

➤ **Services and events in church this week:**

- |  |                      |  |
|--|----------------------|--|
| ❖ <b>Sun 11<sup>th</sup> August</b><br><i>Eleventh after Trinity</i> | 8am<br><b>9.30am</b> | Said Service of the Word (CW)<br><b>Sung Service of the Word (CW)</b><br><i>Followed by refreshments in Church House</i> |
| ❖ Wed 14 <sup>th</sup> August  | 10am                 | Said Service of the Word (CW)  |
| ❖ <b>Sun 18<sup>th</sup> August</b><br><i>Twelfth after Trinity</i>  | <b>9.30am</b>        | <b>Parish Eucharist (CW)</b><br><i>Followed by refreshments in Church House</i>  |

➤ **Call for Volunteers!**

Di Kitson is looking for volunteers to offer their help to clean the brasses as they need some TLC and also a volunteer to clean the memorial votive candle stand please. Let Di know if you are able to help.

➤ **New email address for Fr Simon**

If you need to contact Fr Simon, his new work email address will be:

[hockerill.vicar@gmail.com](mailto:hockerill.vicar@gmail.com)

➤ **Murder Mystery Evening - Saturday 12<sup>th</sup> October - hold the date!**



This autumn we're going to have a bit of fun with a murder mystery evening in Church House entitled 'The Jewel of the Ocean', performed by *Quintessence* - an amateur dramatics group from Hunsdon. The cost of the evening will be £15 which will include a welcome drink and Ploughman's Supper. Whether you choose to come dressed for a cruise on the high seas or not is optional!!

*Thank you for your ongoing support of Great St Mary's*

➤ **Content for the Newsletter**

If you have a notice for the Friday Email, please let Angela Kenny know in the Parish Office by lunchtime on Wednesday; [office@sawbridgeworthchurch.org.uk](mailto:office@sawbridgeworthchurch.org.uk).

Website: [www.sawbridgeworthchurch.org.uk](http://www.sawbridgeworthchurch.org.uk)

Facebook: [www.facebook.com](http://www.facebook.com) and search for 'Great St Mary's, Sawbridgeworth'

YouTube: [www.youtube.com](http://www.youtube.com) and search for 'Great St Mary's, Sawbridgeworth'

➤ **Contact us**

Anthony Heard (Churchwarden)

Gilly Squire (Churchwarden)

[anthony@sawbridgeworthchurch.org.uk](mailto:anthony@sawbridgeworthchurch.org.uk)

[gilly@sawbridgeworthchurch.org.uk](mailto:gilly@sawbridgeworthchurch.org.uk)

Di Kitson (Lay Minister)

[diana.kitson@icloud.com](mailto:diana.kitson@icloud.com)

01279 723212

Angela Kenny (Parish Administrator)

*Office hours: Tues-Fri - 9am till 1pm*

[office@sawbridgeworthchurch.org.uk](mailto:office@sawbridgeworthchurch.org.uk)

01279 726629

Jane Johnson (Parish Safeguarding Office)

[safeguarding@sawbridgeworthchurch.org.uk](mailto:safeguarding@sawbridgeworthchurch.org.uk)

07808 684357



**Sponsored Bike 'n Hike**  
BEDS AND HERTS HISTORIC CHURCHES TRUST

# Bike 'n Hike

**Saturday 14 September 2024**  
**9am to 5pm**



*For more information please make contact:*



- ▶ Have fun visiting over 600 churches and chapels
- ▶ Raise funds for your local church or chapel
- ▶ Help save other churches in Beds and Herts



**BEDS & HERTS**  
Historic Churches Trust

*Bike 'n Hike* in association with the national *Ride + Stride*  
and with acknowledgements to **THE WIXAMTREE TRUST**  
[www.bedshertshct.org.uk](http://www.bedshertshct.org.uk) BHHCT Registered Charity No. 1197228